



Chinthareddypalem, Nellore - 524003, A.P.
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website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in

Institutional Social Responsibility Activities 2021-2022

Vision of the college is to heal and comfort the suffering mortals with solicitude and respect. The management staff and students of Narayana College of Nursing have been inspired and guide by the motto "recuperation".

The College has made a colossal contribution to society and environment by making a worthwhile participation to promote institution-neighborhood-community network. Major emphasis is given on student engagement, service orientation and holistic development of students contributing to good citizenship. Various department of the college like NSS a team of committed faculty members engage students in the community development programmes. The faculty members are given responsibilities to engage students in the community development programmes.

The parenting Hospital Narayana Medical College hospital is well known for health care services to the community in Andhra Pradesh and neighboring states also. Emphasis is given to community health care while dealing with Academic.

- Rallies are often organized on various social issues like environment awareness, Save girl child, anti-dowry system, etc. creating awareness among public by student's thought-provoking slogans.
- The annual cultural programme is organized for which stakeholders are invited.
- Creating awareness among public by conducting various health programs in various OPD's and organizes blood donation camps every year, in collaboration with red cross society.

These activities positively impact on emotional, intellectual, social, and inter-personal development of student's, Patient's and public. Taking part in these extension and outreach activities the students understand the importance of critical thinking skills, time management, and academic and intellectual competence. Working outside the classroom with diverse groups of individuals allows students to gain more self-confidence, autonomy, and appreciation for others' differences and similarities. These activities help them to become good leaders.



B. Anuj
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Principal
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NARAYANA MEDICAL COLLEGE, NELLORE

DEPARTMENT OF COMMUNITY HEALTH NURSING

Pulse Polio Immunization

(23 & 25 Jan 2022)

Department of Community Health Nursing organized Pulse Polio Immunization activity on 23 and 25 Jan, 2022. The following 3rd year B.Sc Nursing students were deputed by the Dean, Narayana Nursing Colleges, to help carry out the various activities.

1. Ann Maria Babu,
2. Sayana Jose,
3. Anugraha Antony,
4. Krupa Anil,
5. Anitta Jose, and
6. Annu Anna Augusthy.

These ladies reported on 22 Jan. They were given detailed instructions about the PPI work. They went to all quarters of the campus and prepared a list of children below 5 years of age.

On 23 Jan, 2022 they reported to duty at 7.30 am. A Polio Immunization Booth was inaugurated at 8 am, at the entrance of the Narayana Medical College Hospital by Dr. (Mrs). Indira, Dean, Narayana Nursing Colleges and Dr. B.S. Kudgi, Dean, Narayana Medical College. The first 10 children were administered polio vaccine by them.

All of the children less than 5 years of age, as mentioned below are given vaccine.



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1. Children accompanying adults in the hospital,
2. Children who are admitted in the hospital, who are not seriously ill.
3. Neonates delivered here, who are not yet discharged.

We did not go into the ICUs in search of children.

The immunization work was done from 7.30 am to 5.00 pm. About 250 children were immunized with Oral Polio vaccine.

On 24 Jan, 2022 the work started by 7.30 am. We went to the homes of the people living in the campus, from door to door. About 50 children who were given polio vaccine at their homes, as they were not given Polio vaccine on 19th.

A total of about 300 children were immunized with Polio Vaccine during the Pulse Polio Immunization of Jan. 2022. The Pulse Polio Immunization Programme went off smoothly and it was a grand success. Some of the photographs taken during the Immunization Programme are enclosed for your perusal.



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After giving pulse polio vaccine keeping mark on left little finger



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Providing vaccine



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Providing vaccine



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DEPARTMENT OF MEDICAL SURGICAL NURSING

REPORT ON WORLD CANCER DAY

DATE: 4/02/2022 TIME: 4:00 pm– 5:00 pm

VENUE: NARAYANA COLLEGE OF NURSING VIRTUAL PLAT FORM.

Name of the Department	MEDICAL SURGICAL NURSING
Title of the programme	WORLD CANCER DAY
Theme	Close the Care Gap
Date of activity organized	04/02/2022
Name of the coordinator of Activity	Mrs A.LATHAM.Sc. (N) Prof/HOD
Venue	Narayana college of nursing, virtual plat form
No. of participants	100 Patients
Objective of the Activity	To promote awareness on cancer as a public health issue and to strengthen actions towards improving access to quality care, screening, early detection, treatment and palliative care
Outcome of the Activity	Created awareness about cancer, its prevention and management.

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REPORT OF THE ACTIVITY

.World Cancer Day aims to promote awareness on cancer as a public health issue and to strengthen actions towards improving access to quality care, screening, early detection, treatment and palliative care. This year's theme is "close the care gap" which is about understanding the inequities in cancer care and taking actions to make the necessary progress to address them.

Department of Medical Surgical Nursing has organized under the guidance of IQAC, the awareness on cancer and its management including the alternative procedures for treating the cancer. The programme was started at 4pm on 4/2/2022 with prayer song and welcome song by the III B.sc nursing students. Welcome address was given by Latha.A Prof.Msc (N) Medical Surgical Nursing. Introduction speech was given by chief guest Dr. Indira.A PhD.

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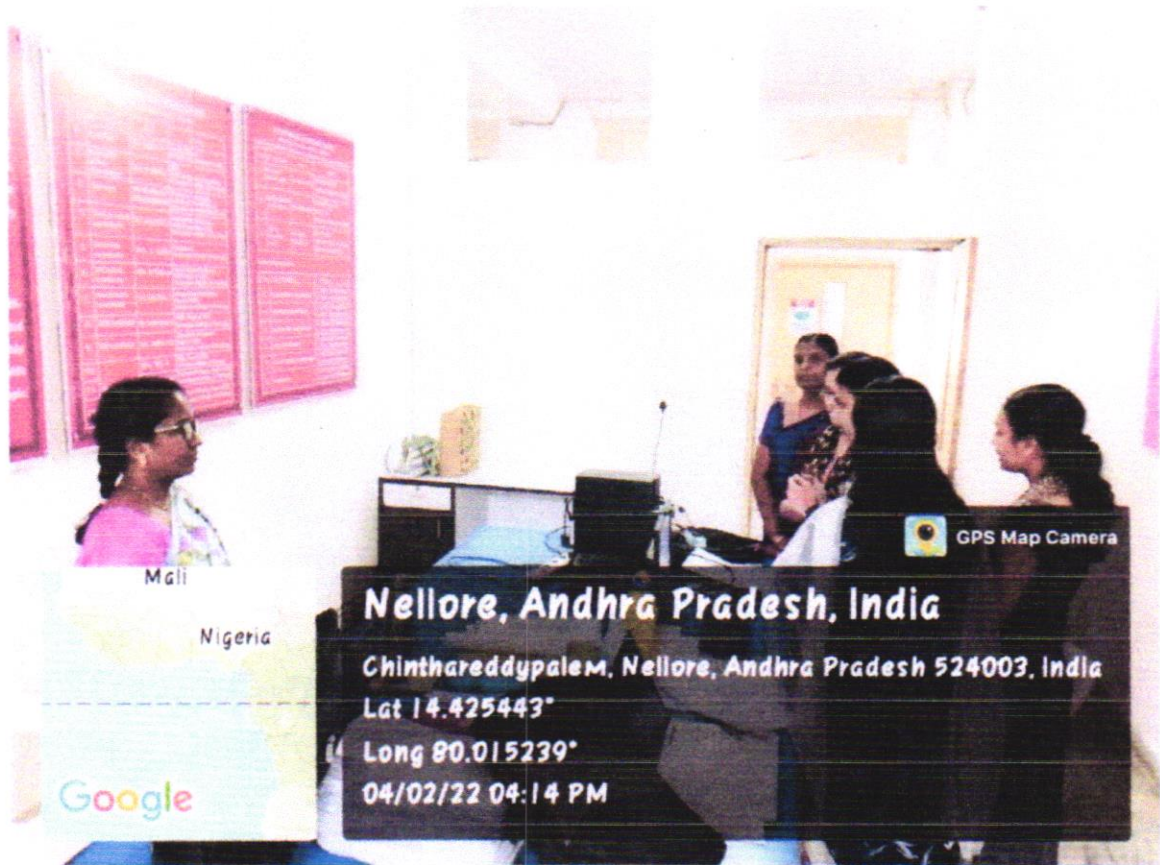





Fig-1 prayer song by III B.sc nursing students

Care of the cancer patients was elaborately explained by Dr.Thirunavukarasu MS, MCH. A video on Bio chemistry of cancer and laboratory diagnosis of tumor markers was demonstrated by Dr. Ramalingam PhD. The theme Close the care gap was enumerated by Dr. J. Jasmin Ph.D . Mrs K. Kantha Msc (N). Presented on prevention and control of cancer.


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NURSING INTERVENTION IN PREOPERATIVE PERIOD

- Provide high protein, high calorie and low residue diet
- Provide information about post operative care
- Provide information about post operative complications
- Prophylactic antibiotics administration
- Other nursing intervention:
 - Monitor Urine output
 - Fluid and electrolytes administration

Nellore, Andhra Pradesh, India
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Lat 14.424482°
Long 80.014867°
04/02/22 04:56 PM

Fig-2 explanation on nursing intervention of cancer in preoperative period

Vote of thanks was given by Mrs.N. Subhashini Msc (N) department of medical surgical nursing. The programme was completed at 5pm. post-test was conducted to the participants followed by the distribution of certificates to the participants who attended the meeting.

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Analysis –

Table no.1 Frequency and percentage distribution of level of knowledge

N-100

GRADE	PRE-TEST		POST-TEST	
	FREQUENCY	PERCENTAGE	FREQUENCY	PERCENTAGE
A+	25	25	45	45
A	35	35	30	30
B+	25	25	25	25
C	15	15	-	-
D	-	-	-	-
TOTAL	100	100	100	100

FREQUENCY AND DISTRIBUTION OF PERCENTAGE

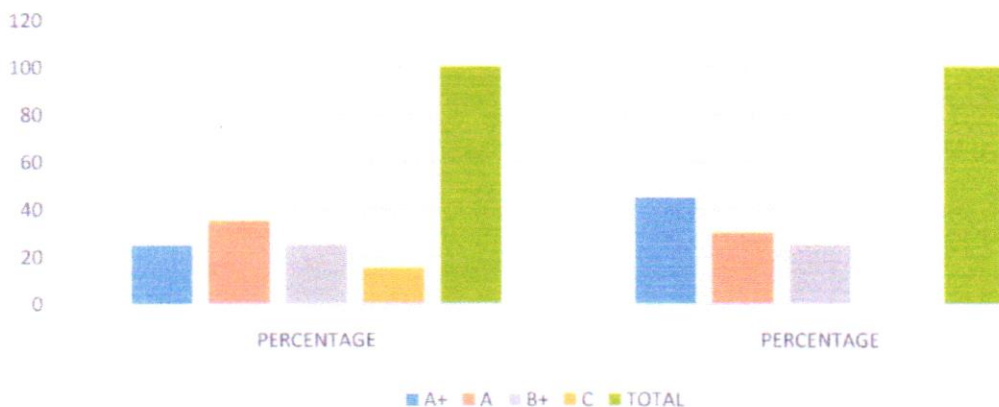


Fig.No 1: Comparison of percentage distribution of level of knowledge

T. Usha Devi
NSS Programme Coordinator

NSS Program Officer
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Ravi
HOD

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A. J. ...
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Bahuj
Principal

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Certificate of Appreciation

Proudly Presented to

Prof. K. Kantha

on **World Cancer Day** 04th Feb 2022

organized by Department of Medical Surgical Nursing

Narayana College of Nursing.

T. Usha Kiran

Programme Officer
Ms. T. Usha Kiran
Asso. Prof.,
Narayana College of Nursing
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Latha
Programme Organizer
Ms. A. Latha
Prof / HOD

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Bodhi
Principal

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Indira S
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Certificate of Appreciation

Proudly Presented to

Dr. Sampath Thirunavukkarasu

on **World Cancer Day** 04th Feb 2022

organized by Department of Medical Surgical Nursing

Narayana College of Nursing.

Programme Officer
Ms. T. Usha Kiran
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Programme Organizer
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Dr. Indira. S
Principal

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Proudly Presented to

Dr. Rama Lingam

on **World Cancer Day** 04th Feb 2022

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Certificate of Appreciation


Proudly Presented to

Dr. Jasmine


on **World Cancer Day** 04th Feb 2022


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Certificate of Appreciation

Proudly Presented to

Dr. Indira. A

on **World Cancer Day** 04th Feb 2022

organized by Department of Medical Surgical Nursing

Narayana College of Nursing.

T. Usha Kiran
Programme Officer

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Asso. Prof.,
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A. Latha
Programme Organizer

Ms. A. Latha
Prof / HOD
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Bahuj
Principal

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Indira S
Dr. Indira. S
Principal

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ACTIVITY REPORT-2022

Swatch Pakhwada drive

Cleanliness is a stepping stone to success, and Safayi apanye bimari hatay these were the thoughts of students of Narayana college of nursing to conducted a swatch Bharth programme in kakatur village on February 7 th 2022 Bsc nursing 40 Bsc nursing and 10 Msc nursing students , were participated in the programme by giving announcements to the villagers on the swachatha programme and explained about safe disposal of waste. Students gave awareness talk to the public and mosquito breeding places, and regular disposal of waste. The dump removed in few areas was done with the help of to the dumping yard and garbage was cleared in the areas where ever essential .public was happy and cooperative by the contribution of the Narayana College of nursing Under Community Health Nursing department.



Fig 1: Main area of kakatur village with waste clearance



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Fig 1: Main area of kakatur village with waste clearance



Fig 2: Faculty and village people in the cleaning part



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Fig 3:Removel of waste



Fig:4 Awareness announcements on environmental hygiene

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A. Indira
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DEPARTMENT OF MEDICAL SURGICAL NURSING
REPORT ON WORLD OBESITY DAY
DATE: 19/04/2022 TIME: 10:00 am– 01:00 pm
VENUE: SUPER SPECIALITY, GROUND FLOOR, NMCH,
NELLORE.

Name of the Department	MEDICAL SURGICAL NURSING
Title of the programme	WORLD OBESITY DAY
Theme	'EVERYBODY NEEDS TO ACT'
Date of activity organized	04/03/2022
Name of the coordinator of Activity	Mrs A.LATHA M.Sc (N) Prof/HOD
Venue	General medicine OPD, NMCH, Nellore
No. of participants	100 Patients
Objective of the Activity	To improve the world's understanding, prevention and treatment of obesity.
Outcome of the Activity	Created awareness about obesity and its effects and encourage action towards its prevention.

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Report of the Activity

World Obesity Day is observed every year on **March 04**. It is observed to spread awareness about obesity and encourage action towards its elimination. The day is organised by the World Obesity Federation, a non-profit body that is in official relations with the **World Health Organisation**. The theme of World Obesity Day 2022 is '**Everybody Needs to Act**'. The campaign aims to improve the world's understanding, prevention and treatment of obesity.

Department of Medical Surgical Nursing has organized awareness programme on world obesity Day on 4th march 2022 between 10 AM -1 PM in General Medicine OPD at Narayana Medical College and Hospital, Nellore. The programme was coordinated with Department of General Medicine The programme was inaugurated by Dean of Narayana medical college, Principal and HOD of Medical Surgical Nursing Department, HOD of General medicine department, Medical superintendent, Nursing superintendent, Deputy Nursing Superintendent. A total of 100 patients were participated in the awareness programme.

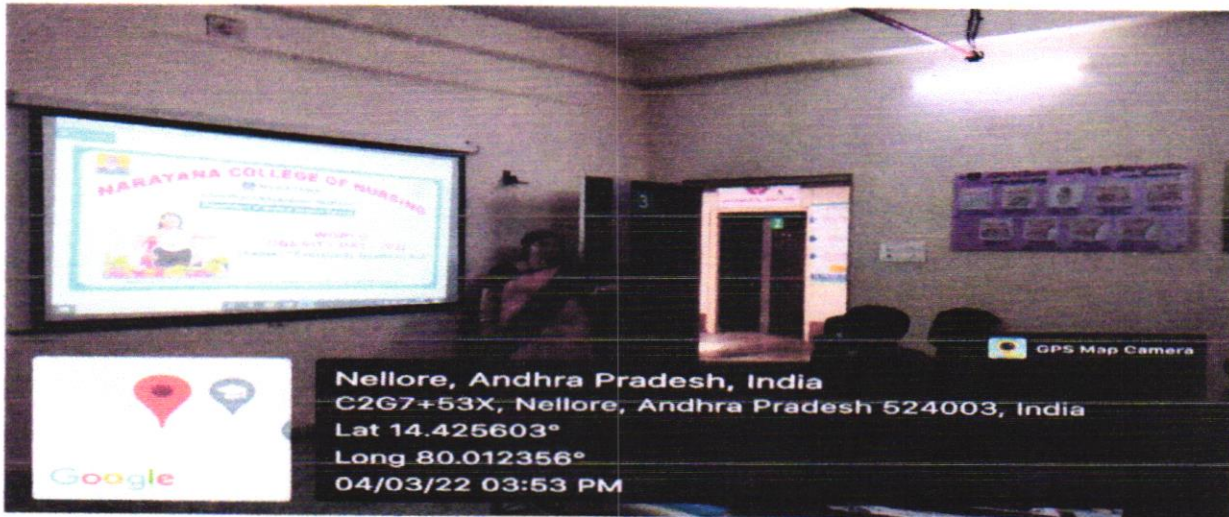





FIG-1 Explaining the theme: Everybody needs to act


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The programme was started at 10 am with the welcome address which was proposed by Associate Professor Mrs. Subhashini. After welcome address, pre-test questionnaire was distributed to the participants. After completion of pre – test the participants were given a brief introduction about obesity and its effects at 11 am. Height, weight and BMI was monitored for all the participants.


Health education was given to the participants through power point presentation by faculties of Medical Surgical Nursing department on obesity, its causes, symptoms, treatment, life style modifications. Post test was conducted with same tool at 12:30 p.m.

Analysis –


Table no.1 Frequency and percentage distribution of level of knowledge


N-100

GRADE	PRE-TEST		POST-TEST	
	FREQUENCY	PERCENTAGE	FREQUENCY	PERCENTAGE
A+	25	25	45	45
A	35	35	30	30
B+	25	25	25	25
C	15	15	-	-
D	-	-	-	-
TOTAL	100	100	100	100


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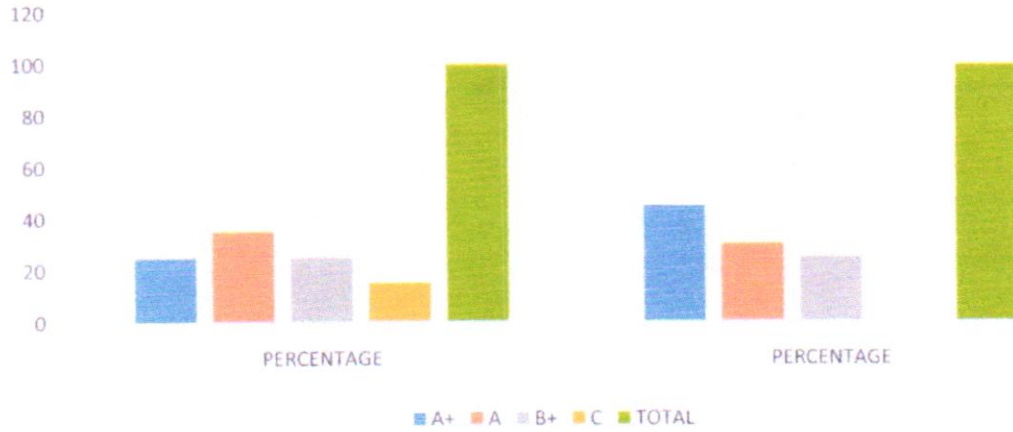


Fig.No 1: Comparison of percentage distribution of level of knowledge

Prof. A Latha ended the programme with vote of thanks followed by national anthem.

SIGNATURE OF HOD

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DEPARTMENT OF MEDICAL SURGICAL NURSING
REPORT ON WORLD LIVER DAY
DATE: 19/04/2022 TIME: 10:00 am– 01:00 pm
VENUE: SUPER SPECIALITY, GROUND FLOOR, NMCH,
NELLORE.

Name of the Department	MEDICAL SURGICAL NURSING
Title of the programme	WORLD LIVER DAY
Theme	"Heritage and Climate"
Date of activity organized	19/04/2022
Name of the coordinator of Activity	Mrs A.LATHA M.Sc (N) Prof/HOD
Venue	Narayana Medical College Hospital, Nellore
No. of participants	40 Patients
Objective of the Activity	The world acknowledges the day with the goal of raising awareness regarding the access to liver diseases and how to promote the liver healthy.
Outcome of the Activity	Created awareness about liver diseases and liver cleansing tips among all gastro intestinal patients.


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REPORT OF THE ACTIVITY

World Liver Day is observed on **19 April** annually to spread awareness about the causes of liver disease and tips for its prevention so as to take **holistic care of the liver**. The liver is the second largest and the second most complex organ in the body, after the brain. It performs crucial body functions and is associated with digestion, immunity, metabolism, and nutrition storage. The liver regulates blood sugar, removes toxic substances from the body, helps blood clot, and controls cholesterol levels. Department of Medical Surgical Nursing has organized awareness programme on world liver Day on 19 April 2022 between 10 AM -1 PM in Gastro Enterology OPD at Narayana Medical College and Hospital, Nellore.

The programme was inaugurated by Principal, Narayana College of Nursing and HOD of Medical Surgical Nursing, HOD of Gastro Enterology Department, Medical Superintendent, Nursing Superintendent, Deputy Nursing Superintendent. A total of 40 patients were participated in the awareness programme.

The programme was started at 10 am with the welcome address which was proposed by Associate Professor Mrs. Subhashini. After welcome address, pre-test questionnaire was distributed to the participants.

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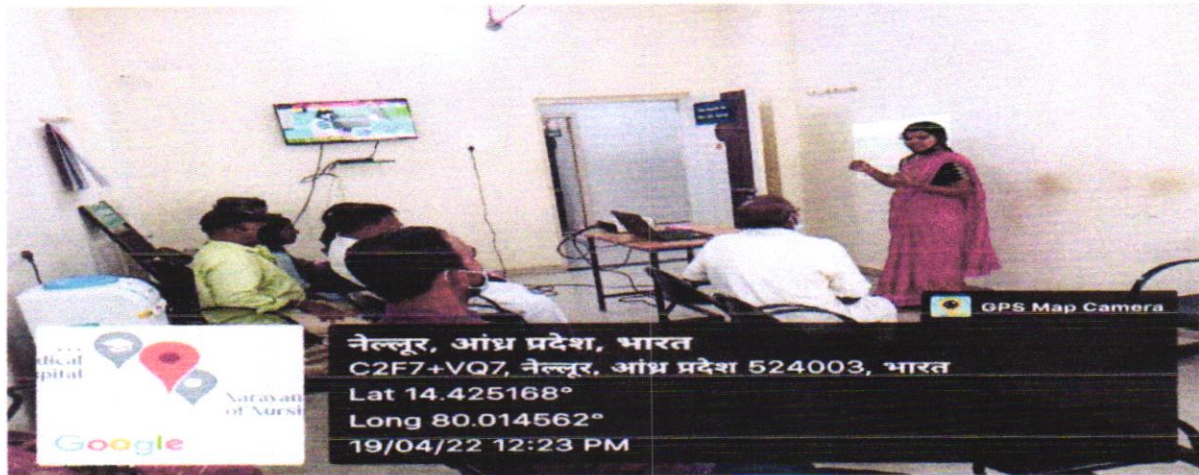




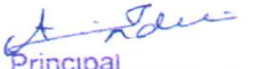
Fig.No:1 Explaining on liver cleansing tips

After completion of pre – test the participants were given a detailed explanation about liver diseases at 11 am. Created awareness among participants through power point presentation by faculties of Medical Surgical Nursing Department on the liver diseases on reducing the risk for liver diseases by changing the life style, food habits, exercise, management and treatment modalities. Post test was conducted with same tool at 12:30 p.m.


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Analysis

**Table no.1 Frequency and percentage distribution of level of knowledge
(N=40)**

LEVEL OF KNOWLEDGE	PRETEST		POSTTEST	
	Frequency	Percentage	Frequency	Percentage (%)
	(f)	(%)	(f)	
A+	8	20	12	30
A	10	25	14	35
B	10	25	8	20
C	9	23	4	10
D	3	7	2	5
Total	40	100	40	100

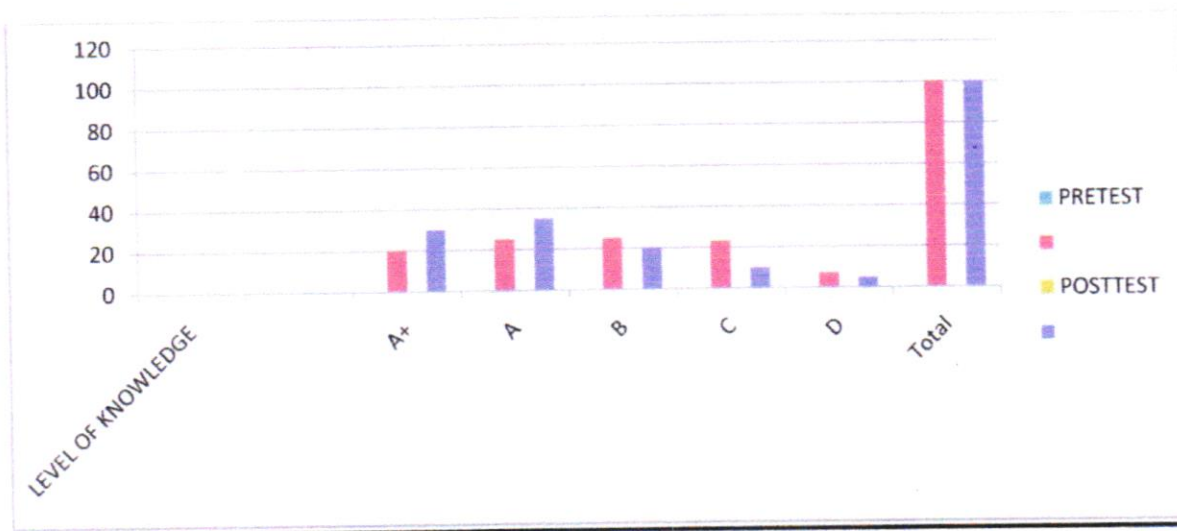





Fig. No 1: Comparison of percentage distribution of level of knowledge


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The Programme was ended with the vote of thanks by Prof. A Latha

Programme Coordinator

HOD

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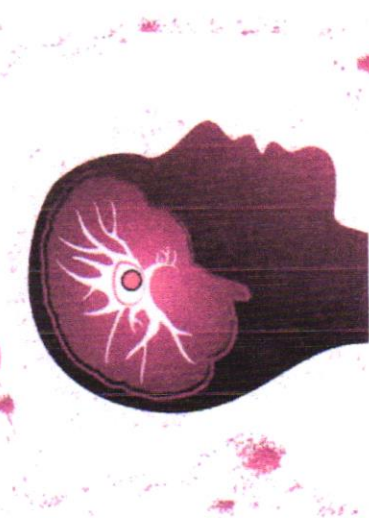
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Department of Medical Surgical Nursing

WORLD PARKINSON'S DAY 2022
Theme: Integrated Health Care



B. Shyam

Principal
NARAYANA COLLEGE OF NURSING
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Date: April. 11. 2022 || Time: 10:00 am - 01:00 pm || Venue: Ground Floor, Superspeciality Hospital, NMCH.




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DEPARTMENT OF MEDICAL SURGICAL NURSING
REPORT ON WORLD PARKINSON'S DAY
DATE: 11/04/2022 TIME: 10:00 am– 01:00 pm
VENUE: SUPER SPECIALITY GROUND FLOOR, NMCH,
NELLORE.

Name of the Department	MEDICAL SURGICAL NURSING
Title of the programme	WORLD PARKINSON'S DAY
Theme	INTEGRATE A HOLISTIC CARE.
Date of activity organized	11/04/2022
Name of the coordinator of Activity	Mrs A.LATHA M.Sc (N) Prof/HOD
Venue	Narayana Superspeciality Hospital, Nellore
No. of participants	40 Patients
Objective of the Activity	The world acknowledges the day with the goal of raising awareness regarding Parkinson's disease.
Outcome of the Activity	Created awareness on Parkinson's disease.


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Report of the Activity


Every year, **April 11** is observed as **World Parkinson's Day** to raise awareness of Parkinson's disease, which is a progressive nervous system disorder. This year, the theme is integrated healthcare. The day marks the birthday of **Dr James Parkinson from London**, who was the first person to systematically described the six individuals with the symptoms of Parkinson's Disease. Additionally, the month of **April** is observed as **Parkinson's Awareness Month**.


Department of Medical Surgical Nursing has organized under the guidance of IQAC ,the awareness programme on World Parkinson's Day on 11 April 2022 between 10 AM -1 PM in super speciality hospital ground floor,NMCH Nellore. The programme was coordinated with Neurology department. The programme was inaugurated by Medical Superintendent, Principal and HOD of Medical Surgical Nursing, HOD of Neurology Department,Nursing Superintendent, Deputy Nursing superintendent. A total of 40 Parkinson's disease patients were participated in the awareness programme.

The programme was started at 10 am with the welcome address which was proposed by Professor A Latha. After welcome address, pre-test questionnaire was distributed to the participants.After completion of pre – test the participants were given a brief introduction about Parkinson disease at 11 am. Vital signs and Motor skills assessment was done for all the participants.


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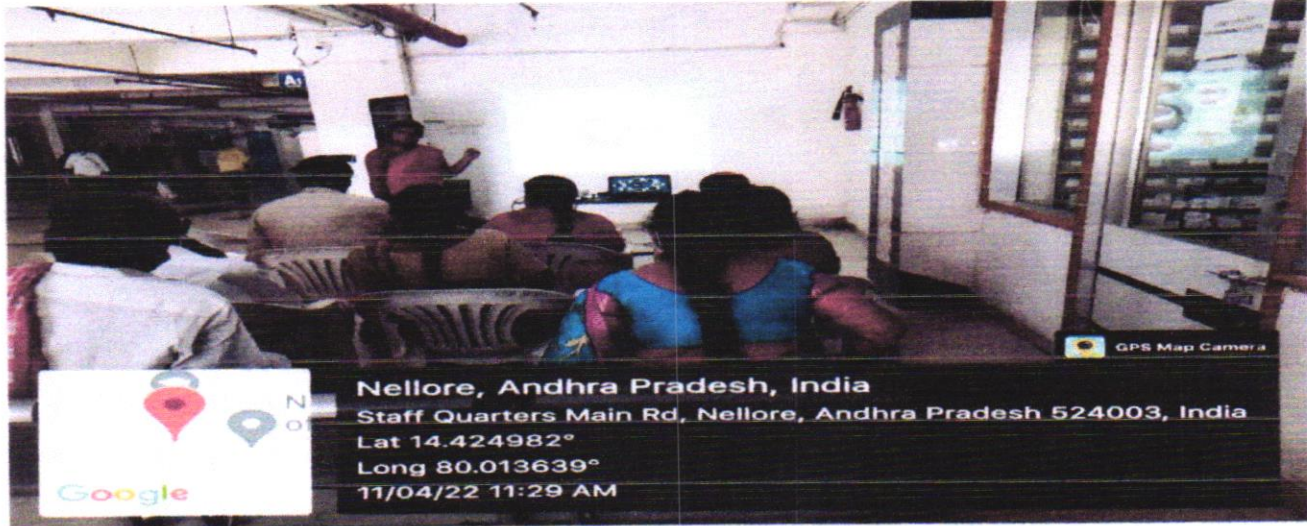


Fig-2 PPT on symptoms of Parkinson's disease



FIG:2 Explanation about treatment modalities by HOD of Neurology Department

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Participants Were given detailed explanation about parkinsons disease through power point presentation by faculties of Medical Surgical Nursing Department on the lifestyle modifications, food habits, exercise, management and treatment modalities of Parkinson's disease .Post test was conducted with same tool at 12:30 PM.


Analysis –


Table no.1 Frequency and percentage distribution of level of knowledge
(N=40)

LEVEL OF KNOWLEDGE	PRETEST		POSTTEST	
	Frequency	Percentage	Frequency	Percentage (%)
A+	8	20	12	30
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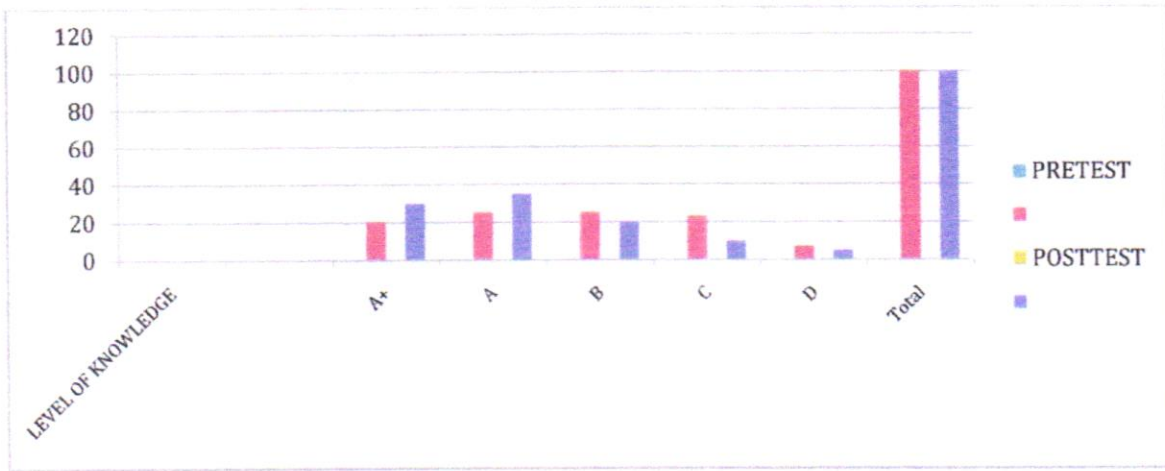


Fig. No 1: Comparison of percentage distribution of level of knowledge

Programme was ended with the vote of thanks and national anthem.

Programme Coordinator

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